

WEEK 1

Monday

'MEAT FREE'

Cheese & Tomato Pizza



Winter Coleslaw
Mixed Green salad



Rainbow Pasta
(Served Hot)



Chocolate & Vanilla
Marble Cake & Custard

Tuesday

All Day Breakfast

Sausage, Bacon,
Omlette
Baked Beans
Tomatoes & Mushrooms



Veggie Breakfast

2 Veggie sausages,
Baked Beans
Omlette
Mushrooms & Tomatoes

Mini Potato Waffles



Fruit Salad
& Ice Cream

Wednesday

Roast Pork
Sage & Onion Stuffing
Yorkshire Pudding
Rich Gravy
Apple Sauce



Autumn Vegetable Loaf



New Potatoes
Seasonal Vegetables



Arctic Roll & Fruit

Thursday

Homemade
Chicken & Sweet Potato
Curry



Welsh Layer
(potatoes, leeks and
cheese)

Crusty Bread



White and Wholegrain
Mixed Rice
Naan Bread Strip
Mixed Green Salad



Oaty Apple Crumble
with Custard

Friday

Omega 3
Fish Fingers
with Tartare Sauce



'New'
Birds Eye
Vegetable Fingers



Crispy Chips
Garden Peas
Baked Beans



Salad



Lemon Drizzle Sponge



*Also available Daily; Whole Fresh Fruit / Yeo Valley Yogurt
Fromage Frais Little Star/Jelly / Fresh Milk and Water / Wholemeal Bread*



WEEK 2

Monday

'MEAT FREE'

Rainbow Pasta
With Schools Favourite
Sauce



Sweetcorn
Mixed Green Salad



Salad



Carrot & Parsnip Cake

Tuesday

'New'

Crunchy Breaded
Herby Chicken



Vegetable Parcels



Buttered New Potatoes
Fresh Carrots
Peas



Salad



Mandarin Orange Zingy
Jelly with Ice Cream

Wednesday

Roast Gammon
Yorkshire Pudding
Gravy



Quorn Fillet
Toad in the Hole



Roast Potatoes
Fresh Cauliflower
Green Beans



Fresh Fruit Platter

Thursday

Sweet & Sour Pork



Baked Mexican Wrap



Plain Rice
Broccoli Trees



Salad



Chocolate Crispy

Friday

Butchers
Beef Burger in a Bun
with Tomato Sauce



Bean Burger in a Bun
with Tomato Sauce



Crispy Chips
Garden Peas
American Coleslaw



Salad



Fresh Fruit Pots
or Iced Fruit Smoothie



**Also available Daily; Whole Fresh Fruit / Yeo Valley Yogurt
Fromage Frais Little Star /Jelly / Fresh Milk and Water / Wholemeal Bread**



WEEK 3

Monday

'MEAT FREE'

Jacket Potato Day

Cheese & Coleslaw
Baked Beans
Just Cheese



Winter Coleslaw
Mixed Green salad



'New'
Fruit Salad Platter

Tuesday

Rainbow Pasta
Bolognese
with Garlic Bread



Pasta Napolitano
with

Garlic Bread



Fresh Broccoli Florets



Fruit Salad Platter

Wednesday

Roast Chicken,
Yorkshire Pudding
& Gravy



Red Leicester and Leek
Flan



Roast Potatoes
Fresh Carrots
Sweetheart Cabbage



Ice Cream with
Mandarins

Thursday

'New'
Fruity
Pork Meatballs



'New'
Quorn & Vegetable
Stir Fry



White and
Wholegrain
Mixed Rice
Garden Peas



Salad



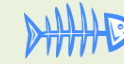
Chocolate Sponge with
Chocolate Custard

Friday

Jumbo
Fish Finger



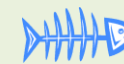
'New'
Omelette Popover



Crispy Chips
Sweetcorn
Baked Beans



Salad



'New'
Autumn Spice
Traybake with an
Orange Wedge



*Also available Daily; Whole Fresh Fruit / Yeo Valley Yogurt
Fromage Frais Little Star / Jelly / Fresh Milk and Water / Wholemeal Bread*

